



Mini-Clinic - Olentangy HS
2/9/20 - 1:00-2:00 pm

Announcements

#1 - This is meeting #4 out of 6. You must attend 4 out of 6 meetings to vote at the nominations meeting. \$75 to pay for a meeting. **Sign Attendance Sheet** (Email Brenning if you have questions)

#2 - Frank Cozze Scholarship Award paperwork due to President, Ryan Alexander by March 15th. Contact us if you have any questions - **Handout attached**

#3 - District Championship Roundtable Sunday, March 8th from 1-2 pm at Olentangy HS. Mtg. #5

#4 - **Website** updated with meeting dates, tournament draw info, etc.

** District All-Star Game confirmed for Tuesday, June 9th at Denison University - 5:30 pm / 7:30 pm
Coaches that win the 2020 district championship coach in the game

2nd Vice President, Mike Weaver will be in touch with all the coaches with updates in May.

#5 - Bill Murray from Gamebreaker wants to speak with the Central District Coaches for 5 mins. Bill was stuck in Chicago, so he wasn't able to attend. However, he is going to send our association a document with all the information on it for you to look at. Coming soon!

#6 - Introduce Dean Taylor, National Pitching Association Great Lakes
1st Vice President, Adam Arcuri

Dean Taylor contact info - dtaylor@knoxcc.org

Central District Board of Directors

Past-President - Ryan Lucas - Olentangy (ryan_lucas@olsd.us)

President - Ryan Alexander - Grove City (ryan.alexander@swcs.us)

First Vice President - Adam Arcuri - Licking Valley (aarcuri15@gmail.com)

Second Vice President - Mike Weaver - Olentangy Berlin (mike_weaver@olsd.us)

Treasurer - Ty Brenning - Olentangy Liberty (ty_brenning@olsd.us)

Secretary - Drew Kirby - Buckeye Valley (cdbcaohio@gmail.com)

Website Coordinator - Ryan Lucas - Olentangy (ryan_lucas@olsd.us)

website - www.cdbca.com

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TOM HOUSE SPORTS LLC

Dean Taylor has been the Great Lakes Regional Director for Tom House Sports and National Pitching for the last 5 years and has been working with Coach House for approximately 10 years. Dean has combined the pursuit of the best information in the world for the throwing athlete, with the passion to help get the information to as many players, coaches, and parents as possible. Dean has led clinics all over the United States in the last couple of years and he continues to look to provide information on biomechanics, functional strength, emotional health/wellness, and nutrition to those in need. Dean consults with college, high school, and youth coaches of all levels, and has spoken on several occasions at medical conferences to physicians, athletic trainers, and physical therapists about the importance of getting the right information in the hands of the end user and those responsible for them. Dean lives in Mount Vernon with his wife, Jamie, and 3 boys, Tristen 17, Zach 11, and Ethan 9. He coaches with the MVHS baseball and football teams, serving as the pitching/quarterbacks coach. In his first year with the high school program, MVHS had 3, 1st or 2nd team all conference pitchers, with 2 of them being first year varsity players, a team ERA of 3.17, and 0 innings/games lost due to throwing related injuries at any level of the program. Prior to being hand-picked by Coach House to lead instruction for coaches, players, and parents, Dean started the Thrower's Clinic with OhioHealth SportsMedicine. Dean currently works as the Sports Medicine Lab Instructor at the Knox County Career Center in Mount Vernon.

